



Genre: **Documentary**

Duration: **45 minutes, 100 minutes**

Budget: **47,300 EUR**

Photography Location: **Kiev, Ukraine**

Produced: **Alena Yaremchuk**

Authors: **Alena Yaremchuk, Stanislav Demidov, Oleg Shirayev**

According to statistics at the beginning of the 90s more than 10% of the world's population - are vegetarians. In India - more than 80%, USA - about 5%, United Kingdom - about 7%. Why do so many people become vegetarians?

What is the reason for these people? What makes them give up meat? Is it useful or harmful to be on such a diet? Why do all world religions profess to post?

Science and Medicine, morality and ethics, religion and spirituality, business and economy - the film "A REAL LIFE" explores the various aspects of vegetarianism in Ukraine.

In this movie, we are shared with the facts and opinions of scientists, physicians, politicians, economists, nutritionists, social and cultural figures, as well as provide their expertise and experience themselves vegetarians, with many years of experience not eating meat in Ukraine.

Finally, we conclude that the State Society has matured to changes in legislation in the direction of empowerment of vegetarians. Currently in Ukraine, in schools and kindergartens children do not have the choice of meat or vegetarian menus, and in case of providing a vegetarian menu for the children there are criminal penalties in cases of director of the company to provide a vegetarian menu. So as a conclusion, we propose to amend the legislation of Ukraine and propose that in every place of public power must be a full vegetarian menu.

Trailer of the movie "A REAL LIFE":

Stills from the film:















